



Carina Li

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Dr. Li is the President of the Hong Kong Pain Society, IASP chapter, the Chairman of Hong Kong Society of Musculoskeletal Pain, the Elected President and Founder of Multidisciplinary International Association of Musculoskeletal Pain (MIA) and also the Director of Hong Kong Pain Medicine Centre.

Dr. Carina Li is a specialist in Anaesthesiology, graduated from Faculty of Medicine, the University of Hong Kong in 1995. After earning her medical degree, Dr Li underwent fellowship training in Anaesthesiology in Hong Kong under 2 colleges. She then received a Diploma of Clinical Acupuncture from the University of Hong Kong and became a diplomate in pain management of the Hong Kong College of Anaesthesiologists. Dr Li further obtained her sub-specialized Fellowship training in Regional anaesthesia and Pain therapy at the University of Toronto, Ontario, Canada. She also underwent training in Acupuncture, palliative hospice care, hypnosis, cognitive behavioral therapy and psychotherapy to provide holistic total person pain management. She was the first Fellow of Pain Medicine, HK College of Anaesthesiology in 2012.

Dr. Li has contributed in Pain Management teaching on a Project for Updates in Rehabilitation for Rehabilitation doctors and professionals, The Chinese Association of Rehabilitation Medicine and The Hong Kong Society for Rehabilitation since 2010. Dr. Li is a Clinical Assistant Professor (Honorary) in Department of Anaesthesiology of the Chinese University of Hong Kong, Chairman of the Hong Kong Society of Musculoskeletal Pain (HKSMSP) & was appointed by several pain organizations as Council members. Dr. Li also serves as Hon. Secretary in Association of Private Medical Specialists of Hong Kong. Dr Li loves to be an educator and is the Founder and Convenor of the Multidisciplinary Musculoskeletal Ultrasound Congress in Pain Management (MSK US PM) since 2009 and Organizing Committee of the International Symposium on Spine and Paravertebral Sonography (ISSPS). Dr. Li has been teaching over 120 Lectures and Workshops in the field of Ultrasound Applications in Regional Anaesthesia and Pain Therapy in the past 11 years. Dr. Li also actively promote Holistic Multimodal Pain Management. She has numerous publication in book chapters and publication in area of pain and analgesics, psychiatric morbidity in chronic pain patients and multimodal analgesics.